



MEDICATIONS LIST

Name: _____ Date: _____

Medications currently taken (including vitamins) If none, please indicate NONE.

| Medication | Dosage | Doctor Prescribed YES/NO | Name of Doctor |
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List any known allergies whether medication or other:

Blood Type: _____

List any Permanent Medical Conditions:

List any Specialist Doctors currently treating you:

| Doctor's Name | Specialty | Phone Number |
|---------------|-----------|--------------|
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MEDICAL PROCEDURES LIST

Name: _____ Date: _____

Ask yourself the following questions and continue to update your list accordingly:

- i. Did the medical professional take something from me?
- ii. Did the medical professional put something in me?
- iii. Did the medical professional take a picture of something?

Procedures in the Last 10 Years

| Name and Year of Procedure | Doctor Name and Phone Number | Facility Where Procedure Took Place |
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**You may also want to list all visits to any doctor in which the doctor provided blood tests, flu shots, or any other type of testing procedure.

**Please use additional sheets, if necessary